

# Disappearing Senses

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♩ = 130

Begin with all available senses/tools until solid feel and consistent sound quality is achieved  
 Always initiate with INNER GROOVE/PULSE  
 METRONOME  
 DUTS (audible subdivisions)  
 MARK TIME  
 PERIPHERAL VISION

Remove METRONOME  
 (until solid feel and consistent sound quality is achieved)

Remove DUTS  
 (until solid feel and consistent sound quality is achieved)

Remove MARK TIME  
 (until solid feel and consistent sound quality is achieved)

Remove PERIPHERAL VISION (eyes closed)  
 Using only individual INNER GROOVE/PULSE  
 (until solid feel and consistent sound quality is achieved)

Add PERIPHERAL VISION (eyes open)  
 (until solid feel and consistent sound quality is achieved)

Add MARK TIME  
 (until solid feel and consistent sound quality is achieved)

Add DUTS  
 (until solid feel and consistent sound quality is achieved)

Realize that all these senses/tools are available to you throughout your performance